



EXAMPLE RISK ASSESSMENT FOR COOKING ON GAS DON'T FORGET TO DATE YOUR RA.
THIS IS FOR YOU TO HELP YOU WRITE YOUR OWN, NOT TO USE IN ITS PRESENT FORM

HAZARD OR RISK WHO IS AT RISK	RATING OF RISK	NORMAL MEASURES IN PLACE FOR ACTIVITY	ADDITIONAL CONTROL MEASURES REQUIRED TO BE IN PLACE		REVIEW EVALUATION AFTER SESSION
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RISK RATING 5-VERY HIGH 4- HIGH 3-MEDIUM 2- LOW 1-VERY LOW

Burns to body Including scolding Risk to cubs/adults	4	Adults to closely supervise the cubs. Talk about dangers before start cooking. Easy exit from cooking area, don't have tables so cubs boxed into a corner.	For small burns – 10mins under running cold water. Keep putting back till no longer hurts. Larger burns may need further medical attention. First Aider present		
Clothes catching alight Risk to cubs/adults	1	Adults to closely supervise the cubs. Talk about dangers before start cooking. Easy exit from cooking area, don't have tables so cubs boxed into a corner.	Fire bucket/blanket in reach. Know the procedure to drop and roll.		
Faulty equipment Gas rings, gas bottles Risk to all	1	Insure equipment used is well maintained and in good working order. Also adult supervision when using equipment.	Teach cubs how to use the equipment safely.		
Water Spillage – leading to slipping over Cubs/leaders	2	When having drinks or cooking with water, remind cubs to be careful.	Mop up any spillages quickly		
Knives Risk to Cubs	3	Adult supervision – talk about how to use knives safely to cubs at beginning of session.	First Aid kit available. Plasters – check with child not allergic to them.		
Hygiene Cubs/adults	2	Adult supervision to make sure food cooked properly.	Adult also to check chopping boards and utensils not mixed up and washed up properly		
Trips and falls All	2	Remind all of acceptable behaviour – no running.	Make sure all furniture arranged so people unlikely to fall against it or trip over it.		

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Eye injury Cubs	2	Remind cubs when cutting up onions, not to rub their eyes.	First aider/ eye wash available if needed		
Hall fire All	2	Remind cubs/leaders of fire escape procedure.			